

PARKS & CLASS LOCATIONS



2023 AT A GLANCE



January

1/2: New Year's Day observed 1/9: First day of winter classes 1/16: Martin Luther King Day

May

5/8: Summer registration opens 5/29: Memorial Day

September

9/4: Labor Day 9/5: First day of fall classes Fall softball league begins

February

2/20: Presidents' Day 2/20-24: LBUSD mid-winter break Ethnic Diversity celebration

June

6/8: LBUSD last day of school 6/10: First day of summer classes 6/19: Juneteenth Summer softball league begins Fete de la Musique

Detober

10/30: Preschool trick or treat 10/31: Halloween

March

3/4: Patriots Day Parade
3/1: Spring activity + summer camp registration open
3/31: Youth track meet

July

7/4: Independence Day

April

4/10-14: LBUSD spring break 4/17: First day of spring classes Volleyball tournament

August

8/7: Fall registration open 8/18: Last day of summer camps 8/24: LBUSD first day of school

November

11/10: Veterans Day observed 11/20-24: LBUSD fall break 11/23-24: Thanksgiving holiday

December

12/1: Hospitality Night 12/4: Winter registration open 12/23-1/8: Winter break

The City of Laguna Beach Recreation Division provides creative programs and diverse services to promote an active lifestyle, enhance the quality of life, and build a sense of community for residents and visitors of all ages.

LAGUNA BEACH RECREATION DIVISION

380 THIRD STREET, LAGUNA BEACH, CA 92651

(949) 464-6645 | RECREATION@LAGUNABEACHCITY.NET

Laguna Beach HS & Community Pool

Swim Team Prep - Beeler Aquatics

Practice dives and various swim strokes, including freestyle, backstroke, and breaststroke, in these twice-weekly sessions. Bring goggles and caps. Participants MUST be able to swim across the pool independently & without doggy-paddling.

Skips: 1/16, 2/20-2/23

Ages 4.5-7

<u>Day</u>	Time	Dates	<u>Price</u>
M/W	6-6:30p	1/11-2/1	\$120
T/Th	6-6:30p	1/10-2/2	\$160
M/W	6-6:30p	2/6-3/1	\$120
T/Th	6-6:30p	2/7-3/2	\$120
M/W	6-6:30p	3/6-3/29	\$160
T/Th	6-6:30p	3/7-3/30	\$160

Aqua Aerobics - Katy Willhoft

Aqua Fit uses drag resistance fitness gear to push and pull the water, unlike a traditional Aqua Zumba class. Additionally, the class is for all levels and focuses on strengthening muscles and cardio.

Ages 18+

<u>Day</u>	Time	Dates	Price
M/W	7:15-8:15p	1/11-2/1	\$120
T/Th	7:15-8:15p	1/10-2/2	\$160



Laguna Beach Swim Team - Beeler Aquatics

This program offers year-round instruction and training. During pool practice, the emphasis will be on proper stroke development and building fundamentals. Goggles and swim caps are required. Swimming ability is mandatory. Newcomers will be tested to determine placement.

Skips: 1/16, 2/20-2/23

Beginning (ages 7-14)

<u>Day</u>	Time	Dates	Price
M/W	6:30-7:15p	1/11-2/1	\$120
T/Th	6:30-7:15p	1/10-2/2	\$160
M/W	6:30-7:15p	2/6-3/1	\$120
T/Th	6:30-7:15p	2/7-3/2	\$120
M/W	6:30-7:15p	3/6-3/29	\$160
T/Th	6:30-7:15p	3/7-3/30	\$160

Advanced (ages 7-14)

<u>Day</u>	Time	Dates	Price
M/W	7:15-8:15p	1/11-2/1	\$120
T/Th	7:15-8:15p	1/10-2/2	\$160
M/W	7:15-8:15p	2/6-3/1	\$120
T/Th	7:15-8:15p	2/7-3/2	\$120
M/W	7:15-8:15p	3/6-3/29	\$160
T/Th	7:15-8:15p	3/7-3/30	\$160

Youth Water Polo - LB Aquatics Foundation

The Laguna Beach Water Polo Club focuses on developing the tools athletes need to achieve their own personal potential and to exceed the boundaries of their physical gifts and talents in a training environment that is fun, positive and team-oriented. The coaches collaboratively work together to progressively develop the fundamental skills of both individual and team play in an environment that is challenging but never overwhelming. Water polo is a team sport; respect, teamwork and integrity are the steadfast guiding principles of the Laguna Beach Water Polo Club.

Skips: 1/16, 2/20-2/23

Co-Ed 10 & Under

<u>Day</u>	Time	Dates	Price
M/W	7:15-8:15p	1/11-2/1	\$120
T/Th	7:15-8:15p	1/10-2/2	\$160
M/W	7:15-8:15p	2/6-3/1	\$120
Girls & Bo	ys 12 & Under		
Day	Time	Dates	Price
M/W	7:15-8:15p	1/11-2/1	\$120
T/Th	7:15-8:15p	1/10-2/2	\$160
M/W	7:15-8:15p	2/6-3/1	\$120
Girls & Bo	ys 14 & Under		
Day	Time	Dates	Price
M/W	7:15-8:15p	1/11-2/1	\$120
T/Th	7:15-8:15p	1/10-2/2	\$160
M/W	7:15-8:15p	2/6-3/1	\$120

Youth & Children's Programs

Pro Touch Soccer Clinics

Join our professionally qualified coaches for a fun, high-intensity, skill development program that we will be hosting during all major LBUSD breaks!

Our Camp Program is geared towards players of all abilities. Campers will work on mastering the proper fundamentals, techniques and advancing their overall skills and knowledge of the game. A great opportunity for players to learn through a mix of drills, games, and competitive play.

Half-day and full-day options available.

Location: Moulton Meadows Park

Ages 4-14

<u>Camp</u>	Time	Dates	Full/Half Day
Holiday	9a-3pm	12/26-12/30	\$245/\$175
New Years	9a-3pm	1/2-1/6	\$245/\$175
Ski Week	9a-3pm	02/20-2/24	\$245/\$175



Bounce

A fun-filled 50 minute, age appropriate movement class developed to spark children's passion for exercise and sport, boost their physical and emotional development at every stage while helping them thrive in all aspects of their daily lives. Classes are centered around an obstacle course, learning a skill and playing a game using that skill.

Location: Lang Park

Crawli	ng Crabs		Ages 6m-2yrs
<u>Day</u>	Time	Date	<u>Price</u>
Tues	12-12:45p	01/03-02/14	\$310
Turtle '	Tots		Ages 10m-2yrs
<u>Day</u>	Time	Date	Price
Tues	10-10:45p	01/03-02/14	\$310
Surfing	y Starfish		Ages 2-3yrs
<u>Day</u>	Time	Date	Price
Tues	11-11:45p	01/03-02/14	\$310



Track & Field Clinic

Learn the basics of track and field while developing endurance, strength, speed, and jumping ability. Running drills will include the 50 meter through 1600 meter. Jumping drills will include the high and long jump. Ages 13 and above will practice the shot put and ages 12 and under will practice the softball throw. Prepare for the upcoming Laguna Beach City Track Meet scheduled for Friday, March 31, 2023. Winners who place in the top 4 will qualify for the OCMAA meet in May.

Skips: 2/20

Location: LBHS Guyer Field

Ages 6-14

Day	Time	Dates	Price
M/W/Fri	5:30-7pm	1/09-3/29	\$352

Ladybug Music in the Park

This fun program nurtures your child's basic music skills but it's also designed for optimal early childhood development. Children will sing, dance, and play their own child-friendly instruments. Weaved into Ladybug Music's multisensory curriculum are activities developed specifically for building and strengthening body and brain connections; fine and gross motor skills; social-emotional understanding; and language and reasoning skills.

Location: Bluebird Park Ages 5 & under

<u>Day</u>	Time	Dates	Price
Fri	10:30-11:15am	1/20-3/24	\$295

Youth Tennis with Julie

USPTA Teaching Pro | allcourttennis@hotmail.com | allcourttennis.com

Youth Tennis

From fundamentals to the complete tennis athlete: grips, mechanics, footwork, playing the game. Fun and exercise! Tennis racquet and proper footwear required. Location: Alta Laguna Park

Pee Wee Beginning		Ag	es 5-6
<u>Day</u>	Time	Dates	Cost
Wed	2-2:50p	1/11-2/15	\$150
Wed	2-2:50p	3/01-4/05	\$150
Wed	3-3:50p	1/11-2/15	\$150
Wed	3-3:50p	3/01-4/05	\$150
Thurs	3-3:50p	1/11-2/15	\$150
Thurs	3-3:50p	3/02-4/06	\$150

Pee Wee Intermediate		Age	s 6-8
<u>Day</u>	Time	Dates	Cost
Fri	3-3:50p	1/13-2/17	\$150
Fri	3-3:50p	3/03-4/07	\$150

Junior Beginning		Ag	es 8-12
<u>Day</u>	Time	Dates	Cost
Mon	3-3:50p	1/09-2/13	\$150
Mon	3-3:50p	2/27-4/03	\$150
Junior Int	termediate	۸۵	es 8-12
Juliioi iii	termediate	Ag	C3 0-12
Day Day	Time	Dates	Cost
_		-	
Day	Time	Dates	Cost

Teens		Ages 12-18		
<u>Day</u>	Time	Dates	Cost	
Tues	4-4:50p	1/10-2/14	\$150	
Tues	4-4:50p	2/28-4/04	\$150	

See a class you're curious about but don't want to make the commitment? Most of our classes have drop in options! Try a new skill or sport!



Junior Spin Masters

Workouts will incorporate physical training, rallying and point play. Players will be encouraged to play USTA Tournaments, JTT and Challengers. Newcomers will be tested to determine their skill level. Come out and improve your tennis, increase your match playing IQ and have fun with your peers!

Contact coach for appropriate placement. Location: Alta Laguna Park

Ages 10 & under

<u>Day</u>	Time	Dates	Cost
Mon	4-5:00p	1/09-2/13	\$150
Mon	4-5:00p	2/27-4/03	\$180
Ages 12 &	under		
<u>Day</u>	Time	Dates	Cost
Fri	4-5:00p	1/13-2/17	\$180
Fri	4-5:00p	3/03-4/07	\$180

Tournament Training

Intermediate to Advanced players who are ready to transition to a mature style of play will learn how to identify their opponents playing style as well as their own; build a game plan; master the entire court with a variety of shots, strokes, movements and positions; and develop positive self-talk and techniques to improve focus and consistency. Drills and match play included. Players will be guided through the tournament system.

Contact coach for appropriate placement. **Location: LBHS Tennis Courts**

Ages 12-16

Day	Time	Dates	Cost
Wed	5:30-6:30p	1/11-2/15	\$180
Wed	5:30-6:30p	3/01-4/05	\$180

Adult Tennis with Julie

USPTA Teaching Pro | allcourttennis@hotmail.com | allcourttennis.com

Adult Tennis

Learning anything is empowering - learning to play tennis is not only empowering but will provide you with a lifetime of outdoor activity that keeps your mind sharp, your fitness seemingly effortless and the enjoyment of new friends, year after year.

Location: LBHS Tennis Courts

Beginne	rs

-			
<u>Day</u>	Time	Dates	Cost
Thurs	7:30-8:20p	1/12-2/16	\$150
Beginner/	/Refresh		
<u>Day</u>	Time	Dates	Cost
Thurs	6:30-7:20p	1/12-2/16	\$150
Intermed	iate/Advanced		
<u>Day</u>	Time	Dates	Cost
Tues	6:30-7:20p	1/10-2/14	\$150





Cardio Tennis - Fitness Training

Cardio Tennis is a fast paced combination of warm-up drills to get everyone dynamically stretched and in their rhythm and the majority of the hour is similar to Live Drill but better - with 1 on 2, 2 on 2, 3 on 2 or 3 on 3. Players will consistently elevate their heart rates in their aerobic training zone. Please note class is physically demanding and for 3.0 players and above.

Location: LBHS Tennis Courts

Ages 18+

<u>Day</u>	Time	Dates	Cost
Mon	6:30-7:20p	1/16-2/13	\$175
Wed	6:30-7:20p	1/11-2/15	\$175



(949) 241-0847 | andrew@lagunabeachtennisacademy.com | lagunabeachtennisacademy.com

10 and Under Academy

All classes at the Laguna Beach High **School-2 Courts**

Ages 5-10

Beginners - Intermediate Groups separated by age/skill level

Contact instructor for scheduling.

Drop-in: \$40/session

Jr. Performance Academy

All classes at the Laguna Beach High **School-2 Courts**

Ages 10-18

Beginners - Intermediate Groups separated by age/skill level

Contact instructor for scheduling.

Drop-in: \$75/session

MONTHLY PREPAID DISCOUNTS

Monthly recurring billed as 4.5 weeks as some months have 4

week	s and others ha	ave 5
TIMES PER WEEK	PER 1- HR SESSION	TOTAL PER MONTH
1X	\$32	\$144
2X	\$30	\$270
3X	\$2 8	\$378
4X	\$25	\$450

MONTHLY PREPAID DISCOUNTS

Monthly recurring billed as 4.5 weeks as some months have 4 weeks and others have 5

weer	s and others in	ave 5
TIMES PER WEEK	PER 2- HR SESSION	TOTAL PER MONTH
1X	\$65	\$292.50
2X	\$60	\$540
3X	\$ 55	\$742.50
4X	\$50	\$900

Adult Tennis with Andrew

(949) 241-0847 | andrew@lagunabeachtennisacademy.com

lagunabeachtennisacademy.com

Beginners to Adv. Tennis

All classes at Laguna Beach High School Groups separated by age/skill level

Ages 18+

Contact instructor for scheduling.

Drop-in: \$60/session

Fit4Tennis

F4T(Fit for Tennis) is your fast track to an athletic body and tennis skills. This systems is incredibly simple but fun and will help help you reach your training goals. The F4T method is based on 4 pillars: speed, stamina, agility and strength. Groups separated by age/skill level

All Ages & 18+ Sessions

Contact instructor for scheduling.

Drop-in: \$35/session

Liveball (Doubles Game)

Playing Liveball Tennis will improve your footwork and coordination. The quick pace of the game will test your reflexes and hand-eye coordination. The fast-paced game will give you an excellent aerobic workout without wasting any time. Liveball Tennis is an exciting, challenging game that will keep you entertained for hours on end.

All Ages & 18+ Sessions

Contact instructor for scheduling

Drop-in: \$35/session

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Monthly recurring billed as 4.5 weeks as some months have 4 weeks and others have 5

TIMES PER WEEK	PER 1- HR SESSION	TOTAL PER MONTH
1X	\$55	\$247.50
2 X	\$50	\$450
3 X	\$45	\$607.50
4X	\$40	\$720

Mon 8-930am Wed 6:30-8pm Sunday 9am & 10:30am

Drop In	\$ 35
5 Pack	\$250
10 Pack	\$150

Pickleball with Marc

IPTPA Certified Teaching Pro

Beginner

Join us for for Beginning Pickleball! If you've never played pickleball or played a few times, this one-hour class is for you! Come and learn how to score, where to be on the court, how to serve and return the serve, the proper paddle grip, footwork, and basic skills. **Ages 18**+

Location: Lang Park

Session 1

<u>Day</u>	Time	Dates	Price
Wed	10-11a	1/04-1/25	\$125
Wed	4-5p	1/04-1/25	\$125
Session 2			
Day	Time	Dates	<u>Price</u>
Wed	10-11a	2/15-3/08	\$125
Wed	4-5p	2/15-3/08	\$125

Location: Alta Laguna Park

<u>Day</u>	Time	Dates	Price
Thurs	1:30-2:30p	1/05-1/26	\$125
Thurs	1:30-2:30p	2/16-3/09	\$125

Intermediate

Skills and Drills for the 2.0-3.0 Player: This class will focus on the six basic skills in the game of Pickleball and the drills that will improve those skills. Class consists of 30 minutes of drills and 30 minutes of play with coaching.

Location: Lang Park

<u>Day</u>	rime	Dates	Price
Wed	3-4p	1/04-1/25	\$125
Wed	3-4p	2/15-3/08	\$125
Location:	Alta Laguna Parl	k	
<u>Day</u>	Time	Dates	Price
Thurs	3:30-4:30p	1/05-1/26	\$125
Thurs	3:30-4:30p	2/16-3/09	\$125

pbcoachmarc@gmail.com

Advanced Beginner

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This class is for the beginning player that has some experience, has maybe taken some lessons, is able to score, serve, and play games. Taught by IPTPA Certified Teaching Professional Coach Marc. Let's advance and have some fun! Ages 18+

Location: Lang Park

<u>Day</u>	Time	Dates	Price
Wed	3-4p	1/04-1/25	\$125
Wed	10-11a	2/15-3/08	\$125

Location: Alta Laguna Park

<u>Day</u>	Time	Dates	Price
Thurs	2:30-3:30p	1/05-1/26	\$125
Thurs	2:30-3:30p	2/16-3/09	\$125

4-Hour Boot Camp

Enjoy a four hour camp with three hours of skills and drills and one hour of coached play. We will be covering all of the essential shots in pickleball from dinking and the soft game to volleys, serves, returns, transition play and the all important third shot.

Skill Level: 2.5 to 3.5 level players (not for beginners)

Location: Alta Laguna Park

Ages 18+

Day	Time	Date	Price
Fri	12:30-4:30p	3/17	\$125



Adult Fitness

Mary's Fitness Beyond 50!

Stay strong and enjoy the benefits of working out with a group! Fitness and fun come together with a safely instructed variety of low-impact aerobics designed to increase flexibility, balance, and range of movement. Classes include increasing joint stability, coordination, agility, muscular strength, and cardiovascular endurance. Chairs are offered for support, stretching, and relaxation. Restorative breathing exercises help promote stress reduction and mental clarity. Join a community of mature adults for a total-body workout appropriate for any fitness level.

Ages 50+

Time	Dates	Price
11-12:00pm	1/09-1/30	\$45
11-12:00pm	1/11-1/25	\$45
11-12:00pm	2/06-2/27	\$45
11-12:00pm	2/01-2/15	\$45
11-12:00pm	3/06-3/27	\$60
11-12:00pm	3/01-3/29	\$75
	11-12:00pm 11-12:00pm 11-12:00pm 11-12:00pm 11-12:00pm	11-12:00pm 1/09-1/30 11-12:00pm 1/11-1/25 11-12:00pm 2/06-2/27 11-12:00pm 2/01-2/15 11-12:00pm 3/06-3/27

Body + Mind Barre Workout

Hybrid workout focusing on cardio, core & strength training using ballet inspired moves while performing high repetitions of large & small range movements. Benefits include increased muscle strength & flexibility, improved endurance & posture. This workout is gentle on joints and great for cross training. Beginner friendly and adaptable to different skill sets & ability levels.

All Ages

Day	Time	Dates	Price
Tues	9-9:45am	1/10-1/31	\$80
Fri	9-9:45am	1/13-1/27	\$40
Tues	9-9:45am	2/07-2/28	\$60
Fri	9-9:45am	2/03-2/10	\$40
Tues	9-9:45am	3/07-3/28	\$80
Fri	9-9:45am	3/03-3/31	\$75

T'ai Chi Ch'uan

The ancient art of T'ai Chi Ch'uan offers the strengthening found in Pilates, the stretching found in yoga and more. Physical tension, mental stress and disease are greatly diminished by performing the gentle, flowing movements specifically designed to increase the flow of 'chi' or energy. The discipline of practice leads to clearer mental and emotional states.

Ages 16+

Day	Time	Dates	Price
Mon	6-8:00pm	1/09-2/20	\$70

Better Life Boxing

During class, you will perform exercises that help improve your balance and coordination as well as overall strength. Better Life Boxing can give anyone a customized workout that is enjoyable and fits your specific fitness needs. It is a workout that gets your body moving and heart rate going, all while having fun. Beginner to advanced athletes welcome.

Ages 50+

<u>Day</u>	Time	Dates	Price
Wed	9:15-10:15a	1/11-2/08	\$90
Wed	9:15-10:15a	2/15-3/08	\$72
Wed	9:15-10:15a	3/15-4/05	\$72



Namaste Yoga

This introductory class offers students an opportunity to experience the basics of the physical hatha-yoga practice: a "work in" and a "work out." In the spirit of the Hindu greeting Namaste, we will breathe, stretch, balance, get upside-down, and enjoy conscious relaxation. All ages welcome.

Ages 18+

Day	Time	Dates	Price
Wed	5:30-6:30p	1/11-1/25	\$33
Wed	5:30-6:30p	2/01-2/22	\$44
Wed	5:30-6:30p	3/01-3/29	\$55

Martial Arts w/Pete Rabino

International martial arts instructor teaches traditional Katas (forms) & Kumite (fighting style) and Hsing-i Kung Fu; Physical fitness and self-defense will be the prime focus. Class located at Lang Park.

Ages 12+

Day	Time	Dates	Price
Sat	6-7:00pm	1/14-3/18	\$84

Adult Dance

Line Dancing & Beyond

Jump in on the fun! Learn Country Western favorites and other rhythmic moves (cha-cha, mambo, tango, samba) all in line dance style. Whirl and twirl to a variety of music genres while you master the art of line dancing. Don't wait! Now is the time to learn the dances everyone is doing at weddings and parties! No partner needed.

Ages 14+

<u>Day</u>	Time	Dates	Price
М	5:30-6:45p	1/09-2/13	\$60
М	5:30-6:45p	2/27-4/03	\$60

Beginning "Fun"damentals of Belly Dance

A dance class for rebel spirits! Natural, basic movements, finger cymbals, veil dancing, cane/sword dancing, costume concepts, and choreography. Periodic recitals and field trips.

All Ages

<u>Day</u>	Time	Dates	Price
Tues	6:30-7:45p	2/28-4/04	\$66

Intermediate Belly Dance

Solo improv, drills, finger cymbals. Prepare to perform! *Must have instructor approval*

All Ages

<u>Day</u>	Time	Dates	Price
Tues	7:45-9pm	2/28-4/04	\$66

Tango Expressions

In these Argentine Tango classes, you will learn the 8-Step basic and adornments, positioning, the embrace, lead-follow, and walking and moving in line. Salon style will be taught. Partner not required.

Wednesday class at Community & Susi Q Center Saturday class at Lang Park Gym

Ages 12+

Day	Time	Dates	Price
Tues	7-8:00p	1/11-3/22	\$84
Sat	7-8:00p	1/14-3/18	\$84

Zumba Workout with Judith

Samba, Merengue, & Salsa Rhythms Exercise Class. This is an easy class to follow Exercise program that focuses on cardio exercise, and targets the core, abs, and legs. Upbeat exercise programs designed for all skill levels. You will have so much fun that you will not know you are exercising!

Ages 16+

Day	Time	Dates	Price
М	9:30-10:30a	1/23-4/03	\$36
W	9:30-10:30a	1/11-4/05	\$55
S	9-10:00a	2/24-4/01	\$50

Lyrical Modern Dance

Class consists of a gentle stretching warm-up, free flowing across the floor movement, and fun combination routines, all to great music. Are you ready to reawaken your sleeping dancer? All levels welcome.

Location: Lang Park

<u>Day</u>	<u> Time</u>	<u>Dates</u>	Price
Sat	10-11:30a	1/14-4/08	\$195

Mary's Beginner Line Dancing

Join in on the fun, line dancing is for everyone! Dancing improves brain function and memory, hearth health, overall muscle strength, balance and coordination! Learn the basic beginner steps, sequences, and terminology to build your confidence. Before you know it, you'll be movin' on the dance floor to all your favorite country songs!

Ages 18+

<u>Day</u>	Time	Dates	Price
Tues	5:30-6:30p	1/10-1/27	\$60
Tues	5:30-6:30p	2/07-2/28	\$60
Tues	5:30-6:30p	3/07-3/28	\$60



Kyne Dance Academy

Ballet/Tap Combo - Kyne Dance Academy

This fun introduction to dance includes Ballet and Tap fundamentals, with age appropriate songs & games, to encourage development with rhythm, coordination, balance, social skills, and more.

Ages 3-5

<u>Day</u>	Time	Dates	Price
Wed (new students)	2-2:50p	1/11-3/29	\$198
Wed (returning students	s) 3-3:50p	1/11-3/29	\$198

Dance Mix Combo - Kyne Dance Academy

Dance mix is an exciting new class, providing students with essential dance skills, in a fun mix of Ballet, Tap, Jazz, Hip Hop & Tumbling, co-instructed by directors Lisa & Pauline Kyne!

<u>Day</u>	Time	Dates	Grades	Price
Wed	4-4:50p	1/11-3/29	KG (level I)	\$ 198
Wed	5-5:50p	1/11-3/29	KG (level II)	\$ 198
Mon	3:30-4:30p	1/23-3/27	1-2 (level I/II)	\$162
Mon	4:30-5:30p	1/23-3/27	1-2 (level II)	\$162
Thurs	3:30-4:30p	1/12-3/30	3-5 (level I/II)	\$ 198
Thurs	4:30-5:30p	1/12-3/30	3-5 (level II)	\$ 198

Junior Ballet III - Kyne Dance Academy

Students will build a technical dance foundation to provide a platform for all other dance. Classes include barre work with emphasis on line and placement, center and across-the-floor combinations for improved grace, strength, and control. Instructor approval required for registration. **Grades 4th-7th**

<u>Day</u>	Time	Dates	Price
Tues	4:30-5:30p	1/10-3/28	\$198

Junior Tap III - Kyne Dance Academy

An excellent way to increase coordination of the mind and body! The dancer becomes the musician! These fun, high-energy Tap classes include a warm up, progressions, across-the-floor, combinations, and routines improving rhythm, timing, technique, and style! Instructor approval required for registration.

Grades 4th-7th

<u>Day</u>	Time	Dates	<u>Price</u>
Tues	3:30-4:15p	1/10-3/28	\$220

NEW! Adult Jazz/Stretch

These intermediate classes begin with a warm-up and stretching, progressions across the floor with instruction on technique, plus fun choreography to great music....its a work out!

Day	Time	Dates	Price
Thurs	6:30-8p	1/12-3/30	\$220



Jazz/Tumble Combo III - Kyne Dance Academy High-energy jazz, age-appropriate progressions, combinations, and routines, tumbling basics too! Great music and fun! Instructor approval required for registration. Grades 4th-7th

Day	Time	Dates	Price
Tues	5:30-6:30p	1/10-3/28	\$198

High School Dance Prep - Kyne Dance Academy
This fun class will prepare middle school students for
the LBHS Dance Program! Students will learn basic
technique and skills in Ballet, Jazz, Hip Hop, Lyrical and
Contemporary, while reviewing the LBHS Dance
syllabus. Grades 6th-8th

<u>Day</u>	Time	Dates	<u>Price</u>
Thurs	5:30-6:30p	1/12-3/30	\$198

Adult Intermediate Ballet

This intermediate Ballet class includes technique at the barre, stretching and strengthening exercises to improve flexibility, grace, coordination, and balance. **Ages 18**+

<u>Day</u>	Time	Dates	<u>Price</u>
Wed	6:30-8p	1/11-3/29	\$220

Adult Tap

Fun rhythm of all styles to great music. Across-the-floor and centre practice improves rhythm, coordination, and style. Come join the fun! **Ages 16**+

<u>Day</u>	Time	Dates	<u>Type</u>	Price
Tues	10-11:00a	1/10-3/28	Level III	\$198
Tues	11-12:00p	1/10-3/28	Level II	\$198



Art Salon Open Painting

The Artists' Salon offers artists the opportunity to work in watercolor, pastels, water-based oils, acrylics, and mixed media in a quiet environment. No instruction is offered but feedback and ideas are welcome. Students bring their own materials. The intent is to offer a studio-type environment for artists who would like to pursue their work in the company of others. All levels are welcome.

Location: Community & Susi Q Center

Ages 18+

Day	Time	Dates	Price
Fri	12-3:00p	1/13-4/07	\$25

Adult Beginning Drawing & Watercolor

Have you always wanted to paint waves, palm trees, eucalyptus trees and the beautiful flowers on your street? We will go through easy, step-by-step instruction on how to achieve that goal. Painting what we love and having a great time doing it. The class will be using drawing and watercolor material is making it easy, without a lot of things to carry. Join us and bring a friend!

Location: Community & Susi Q Center

Ages 18+

<u>Day</u>	Time	<u> Dates</u>	Price
Thu	10am-12p	1/05-1/26	\$125
Thu	10am-12p	2/02-2/23	\$125
Thu	10am-12p	3/02-3/30	\$160

Knitting Salon

Receive the assistance you need with your knitting projects. Start or finish a project of your own or receive instruction on how to create a beautiful shawl to practice different stitching and pattern skills. The intent is to offer a collaborative and fun environment for knitters who would like to pursue their knitting projects in the company of others. Students bring their own yarn and needles. All levels are welcome.

Location: Community & Susi Q Center

All Ages

Day	Time	Dates	Price
Tues	1:30-3:00p	1/10-4/04	\$110



Dog Training with Penny

CDPT-KSA, CBCC-KA

penny@whatagoodpuppy.com

Puppy Kindergarten

Participants will watch an online intro, then attend in - person class, with homework and video check-in online. Gentle, positive training and socialization are vital for all puppies. Topics include: house manners (house-training, play biting, etc.); temperament training (anti-aggression, handling, and socialization); and command training (leash walking, sit, down, stand, stay, come, off, shake, and rollover).

Location: Community & Susi Q Center (patio)

Ages 18+

<u>Day</u>	Time	Dates	<u>Price</u>
Sat	8:30-9:30a	1/14-2/11	\$250
Sat	8:30-9:30a	2/25-4/01	\$250





Participants will watch an online intro, then attend in -person class, with homework and video check-in online. We'll work on Loose leash walking, Come, attention to owner, and quiet settling (long down stay on mat).

Location: Community & Susi Q Center (patio)

Ages 18+

<u>Day</u>	Time	Dates	<u>Price</u>
Sat	9:30-10:30a	1/14-2/11	\$250
Sat	9:30-10:30a	2/25-4/01	\$250



Tour the 2.5 acre Hortense Miller Garden and historic midcentury modern house with its original furnishings. Tours may be reserved most Saturdays and one Thursday each month. Your visit will begin at 9:45am and last about two hours. Sturdy shoes are recommended due to uneven terrain and stairs. No pets permitted. To learn more, visit hortensemillergarden.org





The City of Laguna Beach Recreation
Division is conducting a needs assessment
survey to help us understand community
usage trends, provide insight on amenity
preferences, and help us determine future
improvement/modification plans.

Please keep in mind that the City of Laguna Beach is a fully built-out City and the addition of new amenities may require the modification or removal of existing amenities. Click Here for the Survey.



Scan for Park Survey



FREE ON-DEMAND TRANSIT SERVICE

Laguna Beach Local is an ondemand, shared-ride transit service that provides residents a way to get downtown and explore everything Laguna has to offer.

Fall Hours:

Mon - Thurs 8:00a -6:00p Friday: 8:00a - 10:00p Saturday: 8:00a - 10:00p





DOWNLOAD - BOOK - RIDE



(949) 497-0766

lagunabeachcity.net/transit

PICKUP AND DROP-OFF AT MORE THAN 85 LOCATIONS

To get started, scan the QR code to download the app and search "Laguna Beach Local".

Rides can also be booked by calling our dispatch at (949) 497-0766.

PROVIDED BY

City of Laguna Beach

LAGUNA BEACH SENIORS AT THE SUSI Q



Office Hours: Monday-Friday, 9a-5p www.thesusiq.org 380 Third Street, Laguna Beach

Laguna Beach Seniors operates as a 501(c)3 nonprofit and provides supportive programs, classes. services, seminars, activities, and new opportunities for adults 55+. To help older adults live safely, our outreach program links them and their families to the many resources of a caring community. At the Susi Q, we work with the City of Laguna Beach and other nonprofits in town to help seniors remain active, keep learning, and stay well.

SALLY'S FUND

Sally's Fund is an outreach program that helps frail seniors with a variety of life's challenges. Sally's Fund provides transportation to events at the Susi Q Senior and Community Center and appointments including the following services.

Weekday Transportation 8:00AM - 5:00PM Call Sally's Fund at (949) 499-4100



